



**Kyoshi
Rokudan
(6th dan)
Zen Do Kai
Damien
Martin
and
Graham
Healy
at
ICMA
HQ
Gold Coast**

Damien martin Profile <http://www.budocollege.com/action-main-main-8--Faculty-Profile---Damien-Martin>

Damien has a wide and varied Business & Martial arts experience and is the Director of the very successful International College of Martial Arts on Queensland's Gold Coast hosting international students of martial arts from all over the Globe..

ISDA Founder & President Graham Healy will be working with Damien to deliver Government recognized (Cert 1 to 4) in Sports Coaching specializing in Martial Arts all VETEC Government accredited (Damien's organization is the Registered training Organization RTO) facilitating for ISDA & Healy's TKD & boxing Academy.

This Gives a **'educational pathway'** to all ISDA associates with **government accreditation** .

The **FUTURE** of the martial arts Instructor of any credibility will have to be certified with these accredited courses in Sports Coaching and Fitness training, personal training etc .

'The old' mentality of a black-belt is not 'enough' in today's sports coaching environment.

For example many of the old 'hyper-extensions' of Joints (knees and elbows) as taught by many of the 'old school' Masters in TKD and Karate has well documented evidence that these methods of instruction are the cause of 'knee' replacements and joint problems later in life .

Fitness education on these matters is all part of 'updating' the Instructors knowledge to teach his or her martial art more effectively without 'unsafe' training methods ...even though it may have been 'done this way' for a thousand years !

Graham and Damien have had a similar training background in respect to strength training and jointly agree on many of these essential biomechanical principals that are only understood through the X factor ...being eXperience. ISDA and ICMA look forward to a close association and strengthening relationships along the way to consolidating a **FUTURE** for all martial arts students of all styles and codes.