



Michael Kowalik



'The Sherman Tank'

Before moving to Brisbane I was in the Royal Australian Army as part of 1 RAR in Townsville. During this time I was deployed to East Timor on two separate occasions the first in 2000 and the second in 2003 both for six months.

While employed with the army I was able to complete a number of different courses and training. The most relevant to martial arts would have been the unarmed combat course. This course went through and tactics to use when faced with the prospect of fighting the enemy in close combat. During the course throws, locks and combinations were taught over the period of the course.

In February 2004 I left the Army to start university which I completed in November 2005. At present I have gained a position in the Bank of Queensland Graduate program starting in March

Comment by Master Graham Healy

Micheal is 6' 6" and weighs almost 100kg is super flexible and very powerful puncher
He loves training and is a dedicated Martial Arts exponent as well as being a successful business man pursuing a banking career and is a great asset to the ISDA .



www.isdaselfdefence.com

Assistant Advisory Management team (advisors at Large)
this group works with Master Graham Healy in a mutual consultation process and are not part of the Legal Structure of ISDA Pty Ltd of which Master Healy is the sole Director.
This way the Assistant advisory Management team are not 'caught up' with any legalities, finances or legal responsibilities this remains the sole responsibility of Master Graham Healy (refer PDF) file on ISDA structure on (home page)

www.isdasefence.com